

**Extendicare Announces Timing of 2019 First Quarter Results
and Conference Call**

MARKHAM, ONTARIO – April 29, 2019 – Extendicare Inc. (“Extendicare” or the “Company”) (TSX: EXE) announced today that it plans to release its financial results for the first quarter of 2019, after market close on Tuesday, May 14, 2019. A conference call hosted by Michael Guerriere, President and Chief Executive Officer and David Bacon, Senior Vice President and Chief Financial Officer, will be held on May 15, 2019, at 11:00 a.m. (ET) to discuss the results.

To participate in the conference call on May 15, 2019, please dial 1-800-806-5484 or 416-340-2217 followed by the passcode 3542154#. The conference call and accompanying slide presentation will also be accessible via webcast at www.extendicare.com under the “Our Investors/Events & Presentations” section. A replay of the call will be available approximately two hours after completion of the live call until midnight on May 31, 2019. To access the rebroadcast dial 1-800-408-3053 or 905-694-9451 followed by the passcode 8680836#.

About Extendicare

Extendicare is a leading provider of care and services for seniors across Canada. We are committed to delivering quality care throughout the health continuum to meet the needs of a growing seniors population. We operate a network of 121 senior care and retirement living centres (68 owned/53 managed) and home health care services under the Extendicare, Esprit Lifestyle and ParaMed brands. Our qualified and highly trained workforce of approximately 23,000 individuals is passionate about providing high quality services to help people live better.

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