

**Extendicare Announces Timing of 2018 Third Quarter Results  
and Conference Call**

MARKHAM, ONTARIO – October 22, 2018 – Extendicare Inc. (“Extendicare” or the “Company”) (TSX: EXE) announced today that it plans to release its financial results for the third quarter of 2018, after market close on Thursday, November 8, 2018. A conference call hosted by Michael Guerriere, President and Chief Executive Officer and Elaine Everson, Vice President and Chief Financial Officer will be held on November 9, 2018, at 11:30 a.m. (ET) to discuss the results.

To participate in the conference call on November 9, 2018, please dial 1-800-806-5484 or 416-340-2217 followed by the passcode 8894258#. The conference call and accompanying slide presentation will also be accessible via webcast at [www.extendicare.com](http://www.extendicare.com) under the “Our Investors/Events & Presentations” section. A replay of the call will be available approximately two hours after completion of the live call until midnight on November 23, 2018. To access the rebroadcast dial 1-800-408-3053 or 905-694-9451 followed by the passcode 5042892#.

**ABOUT EXTENDICARE**

A leading provider of care and services for seniors across Canada, Extendicare is committed to delivering quality care throughout the health continuum to meet the needs of a growing seniors population, through its network of 120 senior care and retirement living centres (67 owned/53 managed) and home health care operations, under the Extendicare, Esprit Lifestyle and ParaMed brands. Our qualified and highly trained workforce of 23,600 individuals is dedicated to helping people live better through a commitment to quality service and a passion for what we do.

**For further information, contact:**

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