

### **Extendicare Announces Appointment of Sandra L. Hanington to Board of Directors**

MARKHAM, ONTARIO – Extendicare Inc. (“Extendicare” or the “Company”) (TSX: EXE) today announced the appointment of Sandra L. Hanington to its Board of Directors, effective immediately, for a term to expire at the next annual meeting of shareholders, whereupon Ms. Hanington will stand for election. This appointment increases Extendicare’s board to nine directors.

Ms. Hanington brings with her invaluable experience as a highly regarded financial executive. She was with BMO Financial Group (BMO) from 1999 to 2011, in a number of senior executive roles in North America. Prior to joining BMO, Ms. Hanington worked with Manulife Financial/North American Life Assurance, Royal Trustco Ltd. and Suncor Inc./Sunoco Group.

Ms. Hanington serves on the board of the Canadian Mortgage and Housing Corporation, and is co-founder and board chair of The Jack Project, promoting mental health and wellness for youth in Canada. In addition, she has served on the boards of Symcor Corp. and Kids Help Phone, among others. Ms. Hanington was three times named by the Women’s Executive Network (WXN)<sup>TM</sup> as one of Canada’s Top 100 Most Powerful Women (2007, 2008 and 2009) and was inducted into the WXN Hall of Fame in 2010.

“Extendicare is delighted to welcome Ms. Hanington to its Board of Directors,” said Benjamin Hutzel, Chairman of Extendicare. “We feel we have taken important steps to add depth to our Board, and look forward to leveraging Ms. Hanington’s knowledge and strategic input as we develop strategies to position Extendicare for continued success.”

Ms. Hanington is a licensed professional engineer with a Bachelor of Applied Science from the University of Waterloo and a Master of Business Administration from the University of Toronto. She is also a certified member of the Institute of Corporate Directors.

#### **About Us**

Extendicare is a leading North American provider of post-acute and long-term senior care services. Through our network of owned and operated health care centers, our qualified and experienced workforce of 36,000 individuals is dedicated to helping people live better through a commitment to quality service that includes skilled nursing care, rehabilitative therapies and home health care services. Our 251 senior care centers in North America have capacity to care for approximately 27,600 residents.

#### **Forward-looking Statements**

*Information provided by Extendicare from time to time, including this release, contains or may contain forward-looking statements concerning anticipated financial events, results, circumstances, economic performance or expectations with respect to Extendicare and its subsidiaries, including, without limitation, statements regarding its business operations, business strategy, and financial condition. Forward-looking statements can be identified because they generally contain the words “expect”, “intend”, “anticipate”, “believe”, “estimate”, “project”, “plan” or “objective” or other similar expressions or the negative thereof. Forward-looking statements reflect management’s beliefs and assumptions and are based on information currently available, and Extendicare assumes no obligation to update or revise any forward-looking statement, except as required by applicable securities laws. These statements are not guarantees of future performance and involve known and unknown risks, uncertainties and other factors that may cause actual results, performance or achievements of Extendicare to differ materially from those expressed or implied in the statements. Given these risks and uncertainties, readers are cautioned not to place undue reliance on Extendicare’s forward-looking statements. Further information can be found in the disclosure documents filed by Extendicare with the securities regulatory authorities, available at [www.sedar.com](http://www.sedar.com) and on Extendicare’s website at [www.extendicare.com](http://www.extendicare.com).*

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