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**NEWS RELEASE**

## **Extendicare Announces Timing of 2019 Third Quarter Results and Conference Call**

MARKHAM, ONTARIO – October 9, 2019 – Extendicare Inc. (“Extendicare” or the “Company”) (TSX: EXE) announced today that it plans to release its financial results for the third quarter of 2019, after market close on Thursday, November 7, 2019. A conference call hosted by Michael Guerriere, President and Chief Executive Officer, and David Bacon, Senior Vice President and Chief Financial Officer, will be held on November 8, 2019, at 11:30 a.m. (ET) to discuss the results.

To participate in the conference call on November 8, 2019, please dial 1-800-806-5484 or 416-340-2217 followed by the passcode 2532715#. The conference call and accompanying slide presentation will also be accessible via webcast at [www.extendicare.com](http://www.extendicare.com) under the “Our Investors/Events & Presentations” section. A replay of the call will be available approximately two hours after completion of the live call until midnight on November 22, 2019. To access the rebroadcast dial 1-800-408-3053 or 905-694-9451 followed by the passcode 8206849#.

### **ABOUT EXTENDICARE**

Extendicare is a leading provider of care and services for seniors across Canada, operating under the Extendicare, Esprit Lifestyle, ParaMed, Extendicare Assist, and SGP Purchasing Partner Network brands. We are committed to delivering quality care throughout the health continuum to meet the needs of a growing seniors population. We operate or provide contract services to a network of 121 senior care and retirement living centres (68 owned/53 contract services), provide approximately 10.7 million hours of home health care services annually, and provide group purchasing services to third parties representing more than 58,000 senior residents across Canada. Our qualified and highly trained workforce of approximately 23,000 individuals is passionate about providing high quality services to help people live better.

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