# Experience

# **Measure - Dimension: Patient-centred**

Indicator #1	Туре	Unit / Population	Source / Period	Current Performance	Target	Target Justification	External Collaborators
In my care conference, we discuss what's going well, what could be better and how we can improve things.	С	% / LTC home residents	In-house survey / 2024	40.00	66.90	LTC Division Overall 2024 average	

# **Change Ideas**

Change Idea #1 Encourage residents to attend their annual care conference							
Methods	Process measures	Target for process measure	Comments				
1) Communicate to residents when their annual care conference is scheduled in advance of meeting 2) Remind resident morning of meeting and assist as needed to meeting 3) Provide copy of plan of care if applicable 4) Allow time for discussion and obtain feedback on what could be improved.	residents attend 2) # of care conferences where plan of care was discussed with	1) Residents will be encouraged to attend their annual care conferences beginning April 1 2025 with 25% improvement in attendance by December 2025. 2) There will be a 50% improvement in feedback for this indicator by December 2025.					
Change Idea #2 Review annual care conf	erence process						
Methods	Process measures	Target for process measure	Comments				
1) Complete review of current care conference process including scheduling, agenda 2) Adjust agenda if required to include time for discussions with resident 3) Ask resident if they felt their needs and feedback were addressed	1) # of reviews of care conference process completed 2) # of modifications to agenda 3) % of positive feedback resident responses post care conference	1) Review of care conference process, including changes to agenda will be completed by April 30, 2025. 2) there will be a 50% improvement in overall positive responses post care conference by December 30, 2025.					

#### **Measure - Dimension: Patient-centred**

Indicator #2	Туре	Unit / Population	Source / Period	Current Performance	Target	Target Justification	External Collaborators
I feel my goals and wishes are heard and considered in my care.	С	% / LTC home residents	In-house survey / 2024	41.70	69.50	LTC Division Overall 2024 average	

# **Change Ideas**

Change Idea #1 Training for staff on person centered care						
Methods	Process measures	Target for process measure	Comments			
Provide education session for front line staff on importance person-centered care (such as GPA). Track attendance for front line staff at education session.	# of staff who attended sessions # of sessions provided	Education session on person centered care for at least 50% of front-line staff will be completed by August 30, 2025.				

#### **Measure - Dimension: Patient-centred**

Indicator #3	Туре	•	Source / Period	Current Performance	Target	Target Justification	External Collaborators
Communication from the home leadership (administrator, executive director, and managers) is clear and timely.		,	In-house survey / 2024	42.90	78.30	LTC Division Overall 2024 average	

### **Change Ideas**

Change Idea #1 Continue with town hall newsletter that was initiated in the fall of 2024 to inform and engage residents and family members on a regular basis.

Methods	Process measures	Target for process measure	Comments
1)Send out newsletter on a regular basis to inform residents and families about important information 2) Ask resident and families what information they would like to see included. 3) Post newsletter on bulletin board in home	1) # of times newsletter was sent to residents and families 2) # of resident and family council meetings information discussed 3) # of months newsletter was posted on bulletin board.		

### Change Idea #2 Implement communication board in main lobby for family and residents

Methods	Process measures	Target for process measure	Comments
1) Discuss board, location and, and content to be posted 2) Post announcements as required	1) # of times communication board was updated 2) Resources and information provided to residents and families	<ol> <li>Communication board will be purchased and put up by April 1, 2025.</li> <li>Communication board will be updated at least quarterly starting April 1, 2025.</li> </ol>	

# Safety

### **Measure - Dimension: Safe**

Indicator #4	Туре	•	Source / Period	Current Performance	Target	Target Justification	External Collaborators
Percentage of LTC home residents who fell in the 30 days leading up to their assessment	0		CIHI CCRS / July 1 to Sep 30, 2024 (Q2), as target quarter of rolling 4- quarter average	5.50		Home specific target as home is below corporate benchmark 15% and we continue to strive for improvement to theoretical best.	Achieva, Behavioural Supports

# **Change Ideas**

Change Idea #1 Implement 4 P's rounding						
Methods	Process measures	Target for process measure	Comments			
1) educate staff on 4P's process 2) Provide 4P's cards to staff as reminder 3) Inform resident council and family council what 4P process is.	1) # of staff educated on the 4P's process 2) # of 4P cards provided 3) Resident council and family council informed of process	1) 100% of front line staff will be educated on 4P process by September 30 2025 2) 4P cards will be distributed to staff by September 30 2025 3) Resident council and Family council will be informed of process by September 30 2025				

Change Idea #2 Imp	lement new Fall Prediction a	nd Prevention Report	developed by Extendicare
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Methods	Process measures	Target for process measure	Comments
1) attend education session by HO on use of FPPR report 2) Review residents on list and ensure that strategies are in place to prevent falls 3) monitor progress based on data from report	1) # of education sessions 2) # of residents at high risk 3) # of plans of care reviewed to ensure strategies in place 4) # of residents on list who did not experience a fall in the previous 30 days		

# Change Idea #3 Review Safe Lift and Handling Policy and Procedures Program with Staff

Methods	Process measures	Target for process measure	Comments
,	1) # of education sessions held for staff on safe lift and handling procedures 2) # of audits completed each shift weekly 3) # of deficiencies identified 4) # of improvements required monthly	completed by November 30 2025. 2)	

### Measure - Dimension: Safe

Indicator #5	Туре	Unit / Population	Source / Period	Current Performance	Target	Target Justification	External Collaborators
Percentage of LTC residents without psychosis who were given antipsychotic medication in the 7 days preceding their resident assessment	0		CIHI CCRS / July 1 to Sep 30, 2024 (Q2), as target quarter of rolling 4- quarter average	X			Medisystem, Behavioural supports

### **Change Ideas**

Change Idea #1 Implement Extendicare's Antipsychotic Reduction Program which includes using the Antipsychotic Decision Support Tool (AP-DST).

Methods	Process measures	Target for process measure	Comments
1). Establish AP Home Team 2.) Education and training provided by Central QI team 3.) Action plan for residents inputted into decision support tool.	1.) home team established 2). Schedule regular meetings for antipsychotic review 3). Attendance to the Quality Labs 4.) Percentage of residents with an action plan inputted.	1). Home team will be established by April 1st 2025. 2). Education and training completed by April 30 2025. 3). Antipsychotic review meetings are occurring every 4 weeks 4). Residents triggering the Antipsychotic QI have an action plan inputted into the decision support tool within 3 to 6 months of admission	

Change Idea #2	Family education resor	urces provided for	appropriate use of Antipsychotics
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Methods	Process measures	Target for process measure	Comments
1. Provide 'Centre for Effective Practice (CEP)' resource for appropriate use of anti-psychotics when families have questions about appropriate antipsychotic prescribing 2). Make resource available at nurses station if family have questions)	1.) # of CEP resources provided to families monthly 2.) # of antipsychotics d/c as a result of increased family awareness.	1) CEP resources will be printed and available at nurses station by April 30 2025	

#### **Measure - Dimension: Safe**

Indicator #6	Туре	Unit / Population	Source / Period	Current Performance	Target	Target Justification	External Collaborators
Percentage of long-term care home residents who developed a stage 2 to 4 pressure ulcer or had a pressure ulcer that worsened to a stage 2, 3 or 4			Other / October to December 2024	0.94		Home specific target as home is below corporate benchmark of 2% and we continue to strive for improvement to theoretical best.	Solventum/3M, Wounds Canada

# **Change Ideas**

Change Idea #1 Review team membership to ensure interdisciplinary. and that team ensures that all wounds and skin issues in previous month are reviewed during their meetings

their meetings			
Methods	Process measures	Target for process measure	Comments
1) Review current membership of Skin and Wound team 2) Recuit new members and ensure each discipline is represented 3) Standardized agenda and follow up by team on skin issues in home.	1) # of reviews completed on current membership 2) # of new members recruited by discipline 3) Standardized agenda developed which includes review of all pressure ulcers by stage on each unit on a monthly basis	1) Membership review of skin and wound committee will be completed by April 30 2025 2) Recruitment of new members will be completed by April 30 2025 3) Standardized agenda will be developed and in place by April 30 2025	

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#### Change Idea #2 Ensure appropriate surfaces and seating for residents at risk of skin issues by improving communication with OT/PT.

#### Methods Target for process measure Comments Process measures # education sessions provided for 1)Wound care lead to provide refresh 1) Meet to discuss process to improve Registered staff # of residents requiring education for Registered staff on communication between the OT/PT and OT referrals # of referrals received by OT improving communication by April 30 the skin and wound lead 2) Educate Registered staff on importance of # of seating assessments completed # of 2025 2)Standardized communication sending referrals to OT 3)Wound Care surfaces reviewed # of specialty surfaces process will be in place by April 30 2025. lead to provide a updated list of skin and and pumps # of audits that showed 3) Seating assessments will be seating issues to the OT/PT internally 4) areas for improvement completed for all at risk residents by Review surfaces and seating during Skin April 30 2025. 4) All surfaces for at risk and Wound committee meetings for any residents will have been reviewed by follow up 5) Tracking of specialty April 30 2025. services and preventative maintenance program for equipment 6) DOC to audit this process and part of the evaluation process of the skin and wound care annual program