








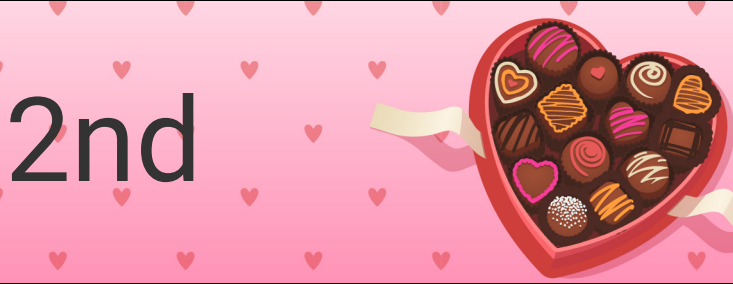







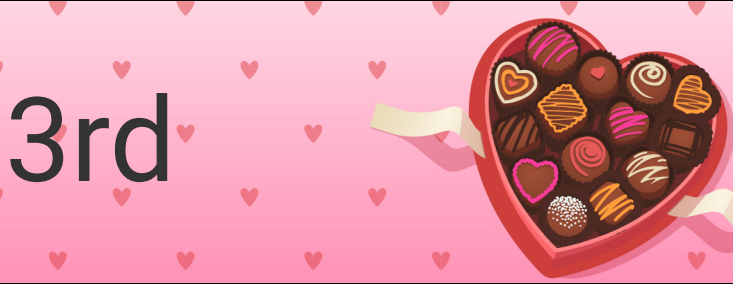


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:15 Bingo 2:00 Axe Throw	2 10:15 Beauty Care 10:30 Physio Class 2:00 Bowling Groundhog Day 	3 10:15 Chair Dance 2:00 Reading Group
4 10:15 Spiritual Program 2:00 Ball Exercise	5 10:15 Balloon Toss 2:00 Bingo	6 11:00 RC Communion (1:1) No Afternoon programs	7 10:15 Bean Bags 2:00 Music with Don McDougall (AR 2+3) 4:00 Physio Class	8 10:30 Beavertails (AR 2+3) 	9 10:30 Physio Class 10:45 Beauty Care 2:00 Bowling	10 10:15 Axe Throw 2:00 Armchair Travel to China for Lunar New Year with Facts and Trivia Chinese New Year 
11 10:15 Spiritual Program 2:00 Super Bowl Party Superbowl Sunday 	12 10:15 Bocce Ball 2:00 Trivia & Facts	13 10:30 United Church (AR 2+3) 11:00 RC Communion (1:1) 2:00 Board Games 6:30 Salvation Army	14 10:15 Friendly Visits 12:00 Couples Lunch (AR 2+3) 2:00 Bean Bags 4:00 Physio Class 	15 10:15 Bingo 2:00 Happy Hour	16  8:30 Breakfast Club 2+3 (AR) 10:30 Physio Class 10:45 Friendly Visits 2:00 Beauty Care	17 10:15 Chair Dance 2:00 Reading Group
18 10:15 Spiritual Program 2:00 Memorial Service 	19 10:15 Balloon Toss 2:00 Bingo	20 11:00 R.C. Mass (AR 2+3) 2:00 Board Games	21 10:15 Friendly Visits 12:00 Chinese Lunch (AR 2+3) 2:00 Bean Bags 4:00 Physio Class	22 10:30 Anglican Church (AR 2+3) 2:00 Dice Game	23 10:30 Physio Class 10:45 Beauty Care 2:00 Bowling	24 10:15 Axe Throw 2:00 Happy Hour & Name That Tune
25 10:15 Spiritual Program 2:00 Birthday Party (AR 2+3)	26 10:15 Bocce Ball 2:00 Trivia & Facts	27 10:15 Resident Council Meeting 11:00 RC Communion (1:1) 2:00 Board Games	28 Bus Trip to Bingoland!  4:00 Physio Class	29 10:15 Bingo 2:00 Music with Dai Bassett (AR 2+3)		

Programs are subject to be changed.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<div>1</div> 10:15 Bean Bags 3rd 2:00 Beauty Care 3rd 3:30 Physio Class 3rd	<div>2</div> 10:30 Physio Class 3rd 2:00 Darts 3rd <div>Groundhog Day </div>	<div>3</div> 10:15 Prize Bingo 3rd 2:00 Armchair Travel 3rd
<div>4</div> 10:15 Spiritual Reflection 3rd 2:00 Happy Hour 3rd	<div>5</div> 10:15 Current Events 3rd 2:00 Dice Game 3rd 3:30 Physio Class 3rd	<div>6</div> 10:15 Bingo 3rd 3:30 Physio Class 3rd	<div>7</div> 10:30 Physio Class 3rd 2:00 Music with Don McDougall AR	<div>8</div> 10:15 Beavertails (AR) 3:30 Physio Class 3rd 	<div>9</div> 10:30 Physio Class 3rd 2:00 Darts 3rd	<div>10</div> 10:15 Prize Bingo 3rd 2:00 Armchair Travel 3rd <div>Chinese New Year </div>
<div>11</div> 10:15 Spiritual Reflection 3rd 2:00 Happy Hour 3rd <div>Superbowl Sunday </div>	<div>12</div> 10:15 Current Events 3rd 2:00 Dice Game 3rd 3:30 Physio Class 3rd	<div>13</div> 8:15 Pancake Tuesday AR 10:30 United Church AR 2:00 Bingo 3rd 3:30 Physio Class 3rd <div>Mardi Gras</div>	<div>14</div> 10:30 Physio Class 3rd 12:00 Couples Spaghetti Lunch AR <div>Valentine's Day</div>	<div>15</div> 10:15 Bean Bags 3rd 2:00 Beauty Care 3rd 3:30 Physio Class 3rd	<div>16</div> Breakfast Club AR 10:30 Physio Class 3rd 2:00 Darts 3rd	<div>17</div> 10:15 Prize Bingo 3rd 2:00 Armchair Travel 3rd
<div>18</div> 10:15 Spiritual Reflection 3rd 2:00 Memorial Service AR 	<div>19</div> 10:15 Current Events 3rd 2:00 Dice Game 3rd 3:30 Physio Class 3rd <div>Presidents' Day</div>	<div>20</div> 11:00 R.C. Mass AR 2:00 Bingo 3rd	<div>21</div> 10:30 Physio Class 3rd 12:00 Chinese Lunch AR	<div>22</div> 10:30 Anglican Church AR 2:00 Bean Bags 3rd 3:30 Physio Class 3rd	<div>23</div> 1030 Physio Class 3rd 2:00 Darts 3rd	<div>24</div> 10:15 Prize Bingo 3rd 2:00 Armchair Travel 3rd
<div>25</div> 10:15 Spiritual Reflection 3rd 2:00 Birthday Party AR	<div>26</div> 10:15 Current Events 3rd 2:00 Dice Game 3rd 3:30 Physio Class 3rd	<div>27</div> 10:15 Resident Council meeting AR 2:00 Bingo 3rd	<div>28</div> 10:30 Physio Class 3rd Bus Trip to Bingoland! 	<div>29</div> 10:15 Bean Bags 3rd 2:00 Music with Dai Bassett AR 3:30 Physio Class 3rd		

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