

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2019

Extencicare Mississauga - Activity Calendar

If you have any questions or would like to be added to our email list, please call Jayme Kemp (Programs Manager) at Ext. 227 or email jkemp@extencicare.com

9:30 Montessori (Small Group)- All units
11:00 Musical Melodies-CH
2:00 Crafter's Corner-ML
3:30 Friendly Visits (1:1)

10:00 Exercises - ALL
11:00 Feel & Fold- CK
2:00 Cards & Coffee - ML
3:00 Planter's Pride- All Units
3:00 1:1 Sensory Cart- All Units
6:30 Musical Mondays- Name That Tune- ML

9:30 Montessori (Small Group)- All units
11:00 Musical Melodies-CH
2:00 Crafter's Corner-Thanksgiving- ML
3:30 Friendly Visits (1:1)

10:00 Exercises- ALL
11:00 Feel & Fold- CK
2:00 Bingo- HH
3:00 Thanksgiving Gratitude Game- ML
6:30 Musical Mondays- Circulating Guitar with David Vircillo- All Units

9:30 Montessori (Small Group)- All units
11:00 Musical Melodies-CH
2:00 Heartland Service: A Church Connected- ML
3:30 Friendly Visits (1:1)

10:00 Exercises- ALL
11:00 Feel & Fold - CK
2:00 Cards & Coffee - ML
3:00 Planter's Pride- All Units
3:00 1:1 Sensory Cart- All Units
6:30 Musical Mondays- Accordion with Eugenio- All Units

9:30 Montessori (Small Group)- All units
11:00 Musical Melodies-CH
2:00 Musical Performance by Suite Melody Care - ML
3:30 Friendly Visits (1:1)

10:00 Exercises- ALL
11:00 Feel & Fold- CK
2:00 Bingo- HH
3:00 Planter's Pride- All Areas
6:30 Musical Mondays- Pre- Halloween Party feat. Mutt & Jeff- ML

10:00 Exercises- ALL
10:00 Music Matters- HH
11:00 Catholic Rosary- Chapel
2:00 Halloween Event: PUMPKIN DECORATING CONTEST- CK
3:00 Montessori - Small Group - MV
6:30 Trivia Tuesday - ML

10:00 Exercises- ALL
10:00 Music Matters- HH
11:00 Catholic Rosary- Chapel
2:00 Halloween Event: PUMPKIN DECORATING CONTEST- CK
3:00 Montessori - Small Group - MV
6:30 Trivia Tuesday - ML

10:00 Exercises - ALL
10:00 Music Matters- HH
11:00 Catholic Rosary- Chapel
2:00 Paint Club- CK
2:00 Sing-a-long- AW
3:00 Montessori - Small Group - MV
6:30 Brain Games- ML

10:00 Exercises- ALL
10:00 Music Matters- HH
11:00 Catholic Rosary- Chapel
2:00 Art-for-life with Glynnis Koloszar- CK
2:00 Sing-a-long- AW
3:00 Montessori - Small Group - MV
6:30 Knights of Columbus Sing a-long - ML

10:00 Exercises - ALL
11:00 Current Events/ This Day in History- ML
2:00 Crosswords -CH
2:00 1:1 Sensory Cart- All Units
3:00 Pre-Election Information Session- ML
6:30 Relaxation Yoga- ML

10:00 Exercises- ALL
11:00 Coffee with Dolly - ML
2:00 Crosswords - CH
2:00 1:1 Sensory Cart- All Units
3:00 Baker's Delight - Pumpkin Spice & Everything Nice- CK
6:30 Scarf Dancing- ML

10:00 Exercises - ALL
11:00 Current Events/ This Day In History - ML
2:00 Crosswords - CH
2:00 Anglican Church Service with Rev. Jeff Brown - ML
3:00 Pre- Pub Night Wine & Beer Tasting- ML
6:30 Pub Night feat. Mal Kearns- ML

10:00 Exercises - ALL
11:00 Coffee with Dolly - ML
2:00 Crosswords - CH
2:00 1:1 Sensory Cart- All Units
3:00 Travelogue to The Netherlands- ML
6:30 Chair Zumba - ML

10:00 Exercises - ALL
11:00 Current Events/ This Day in History- ML
2:00 Crosswords -CH
2:00 1:1 Sensory Cart- All Units
3:00 Baker's Delight- Halloween Cupcakes- CK
6:30 Halloween Decorating- ML

10:00 Exercises- ALL
10:00 Cognitive Sorts (Small Group)- All Units
11:00 Move and Groove Dance Class -ML
2:00 Art-for-life with Glynnis Koloszar- CK
2:00 Montessori (Small Group)- GH
3:00 Gisele & Wolf- Irish Jig- ML
6:30 Just for Laughs - HH

10:00 Exercises- ALL
10:00 Cognitive Sorts (Small Group)- All Units
11:00 Move and Groove Dance Class -ML
OUTING: Fall Leaf Tour to the Pumpkin Patch: 1pm- 4pm
2:00 Shuffleboard- CH
6:30 Just for Laughs- HH

10:00 Exercises- ALL
11:00 Feel & Fold- CK
2:00 Bean Bag Toss & Parachute Games- ML
3:00 Spas & More - ML
6:30 Friday Night Social-Game Night- CK

10:00 Exercises- ALL
11:00 Feel & Fold- CK
2:00 Thanksgiving Pie-Bake Off- CK
3:00 Spas & More (1st Floor)
6:30 Friday Night Social-Thanksgiving Pie- CK

10:00 Exercises- ALL
11:00 Feel & Fold- CK
2:00 Oktoberfest Birthday Celebration- feat. Marie Gogo- ML
3:00 Spas & More - ML
6:30 Friday Night Social-CK

10:00 Exercises- ALL
11:00 Catholic Mass with St. Francis Xavier Church- ML
2:00 Halloween Craft- ML
3:00 Spas & More (2nd Floor)
6:30 Friday Night Social- Campfire Stories- CK

10:00 Exercises- ALL
10:30 Halloween Visits- ML
2:00 **Halloween Event: Costume Parade - ML**
6:30 Halloween Movie Night & Trick or Treaters- HH

10:00 Cognitive Sorts (Small Group)- In home areas
10:00-12:00 Communion with St. Francis Xavier
11:15 Bowling - ML
2:00 Bingo - HH
3:30 Friendly Visits (1:1)

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11:00 Feel & Fold- CK
2:00 Cards & Coffee - ML
3:00 Planter's Pride- All Units
3:00 1:1 Sensory Cart- All Units
6:30 Musical Mondays- Name That Tune- ML

10:00 Exercises- ALL
11:00 Feel & Fold- CK
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3:00 Thanksgiving Gratitude Game- ML
6:30 Musical Mondays- Circulating Guitar with David Vircillo- All Units

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2:00 Crosswords - CH
2:00 Anglican Church Service with Rev. Jeff Brown - ML
3:00 Pre- Pub Night Wine & Beer Tasting- ML
6:30 Pub Night feat. Mal Kearns- ML

10:00 Exercises - ALL
11:00 Coffee with Dolly - ML
2:00 Crosswords - CH
2:00 1:1 Sensory Cart- All Units
3:00 Travelogue to The Netherlands- ML
6:30 Chair Zumba - ML

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11:00 Move and Groove Dance Class -ML
2:00 Art-for-life with Glynnis Koloszar- CK
2:00 Montessori (Small Group)- GH
3:00 Gisele & Wolf- Irish Jig- ML
6:30 Just for Laughs - HH

10:00 Exercises- ALL
10:00 Cognitive Sorts (Small Group)- In home areas
10:00-12:00 Communion with St. Francis Xavier
11:00 Spiritual Service with Family Life Church- ML
2:00 Bingo- HH
3:30 Friendly Visits (1:1)

10:00 Cognitive Sorts (Small Group)- In home areas
10:00-12:00 Communion with St. Francis Xavier
11:15 Bowling - ML
2:00 Bingo - HH
3:15 Spiritual Seventh Day Adventist Sing-a-Long - ML

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3:00 Spas & More - ML
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LEGEND: ML: Main Lobby CK: Country Kitchen HH: Heritage House GH: Gooderham House AW: Applewood House MV: Meadowvale House CH: Cherryhill

