December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:30 Calendar Visits **10:00 Fitness Club (M)** 11:00 Calendar Visits cont. **2:00 Bowling (M)** 4:00 Sensory Stim. (Sh) 6:45 Movie Night	**2** **10:00 Our Lady of the Airways Church Choir (M)** 11:00 Euchre Group (Ch) **2:00 Word Games (M)** 4:00 Hand Massages
3 **10:00 Rosary Group (M)** 11:00 Travelling Ball Toss **2:00 Christmas Sing-Along (M)** 4:00 Friendly Visits	**4** **10:00 Fitness Club (M)** **1 – 4pm Outing to Shoppers' World** 6:45 Bingo (HL)	**5** **10:00 Fun & Fitness (M)** 10:00 Communion 1:1 **10:45 Rosary Group (M)** **2:00 Tree Trimming (M)** **3:30 Holiday Sing Along (M)** 6:45 Men's Club (CK)	**6** 10:00 Fun & Fitness (S) **10:00 Sikh Kirtan (M)** 11:00 Brain Training w/ Morry Koperwas (S) **2:00 St. Niklaus Social (M)** 4:00 1:1 Programs 6:45 Bingo (HL)	**7** 9:30-2:30 Music Therapy **10:00 Fitness Club (M)** 10:30 Pet Therapy 1st **11:00 West Indies Wake-Up! (CK)** **2:00 Balloon Badmin. (M)** 4:00 Reading (N, Ch) 6:45 Music Bingo (F)	**8** **10:00 Church of God (M)** **11:00 Portuguese Club (CK)** **2:00 Entertainment with James Cormier (M)** 4:00 Sensory Stim. (S) 6:45 Movie Night	**9** **10:00 Active Games (M)** 11:00 Trivia (S, Sh) 2:00 Cinnamon Stick Ornament Craft (FC) 4:00 Friendly Visits
10 **10:00 Rosary Group (M)** **11:00 Giant Crossword (M)** 2:00 Chic Salon (CK) 4:00 Travelling Ball Toss	**11** **10:00 Fitness Club (M)** **11:00 Write a letter to Santa (M)** **2:00 Rhythms with Rhondda (M)** 4:00 Hand Massages (Sh, S) 6:45 Bingo (HL)	**12** **10:00 Fun & Fitness (M)** 10:00 Communion 1:1 **10:45 Rosary Group (M)** **2:00 Hanukkah Social & Discussion Group (M)** 4:00 Brain Exercise (Ch) 6:45 Wii Games First Day of Hanukkah	**13** **10:00 Fun & Fitness (M)** 11:00 Sikh Prayer (Ch) **2 – 4pm Resident and Family Christmas Party with Marie Gogo and Santa Claus (M)** 6:45 Bingo (HL)	**14** 10:00 Fun & Fitness (S) **10:00 Catholic Mass (M)** 10:30 Pet Therapy 2nd 11:00 Ethnic Cooking (CK) **2:00 Giant Crossword (M)** 4:00 Reading (HL. FC) **6:45 Crosspoint Gems Christmas Caroling (M)**	**15** **10:00 St. Bonaventure Grade 8 Student Choir (M)** 4:00 Sensory Stim. (HL) **6-8pm Christmas Lights Tour**	**16** **10:00 Family Life Worship (M)** 11:00 Trivia (FC, HL) **2:00 Chic Salon (M)** 4:00 Friendly Visits
17 **10:00 Rosary Group (M)** 11:00 Travelling Ball Toss 2:00 Holiday Crafts (CK) 4:00 Montessori Moments	**18** **10:00 Fitness Club (M)** 11:00 Baking (CK) **2:00 Afternoon Welcome Tea Social (M)** 4:00 Hand Massages (Ch, N) 6:45 Bingo (HL)	**19** **10:00 Fun & Fitness (M)** 10:00 Communion 1:1 **10:45 Rosary Group (M)** **2:00 Food Committee and Residents' Council (BR)** 4:00 Brain Exercise (Sh) 6:45 Men's Club	**20** 8:30 Breakfast Club (CK) **10:00 Fun & Fitness (M)** 11:00 News & Views (S, Sh) **2:00 Balloon Badmin. (M)** 4:00 1:1 Programs **6:45 Pub Night with Ian Weir (M)**	**21** 9:30-2:20 Music Therapy **10:00 Fitness Club (M)** 10:30 Pet Therapy 1st 11:00 Trivia 2:00 Holiday Crafts (CK) 4:00 Reading (Sh, S) 6:45 Music Bingo (F) Winter Begins	**22** **10:00 Fitness Club (M)** **12:00 Diners' Club – Swiss Chalet (M)** **2:00 Staff Christmas Carolers (M)** 4:00 Sensory Stim. (Ch) 6:45 Movie Night	**23** **10:00 Chic Salon (M)** 11:00 Trivia (Ch, N) **2:00 Active Games (M)** **3:30 Seventh Day Adventist Choir (M)**
24 **10:00 Rosary Group (M)** 11:00 Friendly Visits **2-4pm Christmas Movie Matinee (M)**	**25** **9-10:30am Christmas Gift Giving** **11:00 Harvest Worship Centre Carolers (M)** 2-5pm Friendly Visits	**26** 10:00 Friendly Visits **10:45 Rosary Group (M)** **2:00 Family Sing Along (M)** 4:00 Montessori Games Kwanzaa Begins	**27** **10:00 Fun & Fitness (M)** 11:00 Baking (CK) **2:00 Afternoon Social (M)** 4:00 Brain Exercise (N) 6:45 Super Bingo (HL)	**28** **10:00 Fitness Club (M)** 10:30 Pet Therapy 2nd **11:00 Calendar Meeting (M)** **2:00 Balloon Badmin. (M)** 4:00 Reading (N, Ch) 6:45 Music Bingo (F)	**29** **10:00 Fitness Club (M)** 11:00 Board Games **2:00 December Birthday Party with Deidrey Francois (M)** 4:00 Sensory Stim. (N) 6:45 Movie Night	**30** **10:00 Hymn Sing (M)** 11:00 Euchre Group (Ch) **2:00 Active Games (M)** 4:00 Travelling Ball Toss
31 **10:00 Rosary Group (M)** 11:00 New Years' Baby Doll Therapy (Sh) **2:00 New Years' Afternoon Social (CK)** 4:00 Friendly Visits New Year's Eve						

LEGEND:

S	**Summerville**
F	**Fletcher's Creek**
Ch	**Chinguacousy**
Sh	**Sheridan**
HL	**Heartlake**
N	**Norval**
CK	**Country Kitchen**

Please note that Programs are subject to change without notice.