

NOTABLE NEWS

Extendicare Scarborough

Winter 2020/2021

Administrator's Message

 The Holiday Season is just around the corner! Home is trying to get ready for the festive season while keeping in line with the MOHLTC and TPH guidelines during the pandemic. Unfortunately, due to the CoVid-19 pandemic there will be some changes in the celebrations due to the social distancing outlines. Home continues to provide weekly updates via new newsletters.

Besides, the Covid-19, the flu season is here too, and hand hygiene plays a very important role in preventing

outbreaks in the home. We urge everyone to sanitize or wash hands regularly and while going in or out of the room.

Thank you for taking the time to do the "Customer Service Survey" as your feedback is important to us. MOHLTC Inspectors has just conducted their follow-ups on CIS and Complaints for 2020. The report is now available online and is posted in the home.

Please note that updates in the home are as follows;

Daniel Rajkumar - Quality Risk Management Coordinator

Steven Ng - Interim Director of Care;

Jyothi Subha - Interim Assistant Director of Care.

Szewai Wong - Food Service Supervisor

Kirsten Orloff - Social Worker

Home continues to hire and orientate new staff in almost all Departments.

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+ CHRISTMAS WORD SCRAMBLE

We thrive to see our residents experience the quality of life and quality of care. Please do see anyone of us if you have any concerns, questions or suggestions. Lastly, we would like to wish everyone happy and safe holidays.

"A snowflake is one of God's most fragile creations but look what they can do when they stick together!"

Author: Unknown



Thank you,
Pinky Viridi
Administrator

From The Managers' Desks

It's another Winter season for the home and still bringing Christmas cheer to the residents! Not to worry, we are trying our best to continue to provide programs for your loved ones during these hard times. Also, if you would like to have virtual visits or window visits with your loved one, please contact me.

Eric Lo – Resident Program Manager

With the holidays approaching, I would just like to remind all residents with trust account that the banking hours are during business days and from 10am-4pm. I also would like to remind everyone who is in a basic room who still hasn't provided a copy of their 2019 Notice of Assessment to do so as there will be penalties imposed by MOH LTC. I wish everyone a safe and Happy Holidays!

Jasmin Reid - Office Manager

Hello! I am excited to be a part of Extendicare Scarborough's team as the new Social Worker. I started in this role at the beginning of November and it has been a pleasure getting to know the residents and their families (virtually). I know that this holiday season might be looking different for a lot of people this year and understand the additional challenges this pandemic has created. I am here to provide support so please feel free to contact me at extension 238 or by email at korloff@extendicare.com.

Wishing you and all your loved ones a safe and happy holiday!

Kirsten Orloff – Social Worker

Winter is here and happy holiday. There are many changes this holiday especially with the pandemic situation in the community. COVID-19 is still in the community and spreading rapidly. Protecting yourself and keep social distance, hand hygiene, and mask wearing. The holiday will not be the same this year. To keep residents, families, and staffs safe will be looking for new intervention to provide the family gathering experiences. Stay safe and have a wonderful holiday.

Steven Ng – Interim Director of Care

I would like to start by thanking the entire environmental department for the hard work and dedication of each staff daily. The year 2020 has been very interesting considering the worldwide Pandemic. Some of us dealt with fear and others dealt with anxiety but at the end we all gave it all we got and made sure business ran as usual.

We have changed few things in the home such more enhance cleaning and extra time laundry process in the home due to outbreak. In the same token, we have hired lots of staff

to prevent shortage which contributes to conduct more cleaning and extra cleaning projects.

Yimaj Hassen – Support Services Manager

I know 2020 was hard year for everyone. I hope you all doing well and staying safe and healthy. This holiday season we are on lock down and please remember to limit your celebrations within your home and stay safe.

Here at Extendicare we are trying our level best to keep our residents safe and healthy. Here is a description regarding falls.



Falls

Falls can occur from a height or on surfaces that are on the same level. A fall can be the result of a slip

or a trip where your center of gravity is shifted causing you to lose your balance.

Preventive measures

should be taken to avoid slips and trips, such as going around the ice or liquid puddles.

Jyothi Subha – Interim Assistant Director of Care



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with the pandemic situation in the community. COVID-19 is still in the community and spreading rapidly. Protecting yourself and keep social distance, hand hygiene, and mask wearing. The holiday will not be the same this year. To keep residents, families, and staffs safe will be looking for new intervention to provide the family gathering experiences. Stay safe and have a wonderful holiday.

Steven Ng – Interim Director of Care

My name is Daniel Rajkumar and in September of 2020 I have proudly taken the role as Quality Risk Coordinator here at Extendicare Scarborough. Little about myself is I am a Registered Practical Nurse, I previously worked at Extendicare Oshawa as a nurse on the floor for two years before leaving for another position with another long-term care come for 1 year and have now happily found myself returning to Extendicare in this Management role here in Scarborough. I'm excited and can't wait to see what's in store here at this home.

Daniel Rajkumar – Quality Risk Management Coordinator

This month in the Dietary department, we will be celebrating the holidays by serving our residents our traditional holiday turkey dinner for Christmas and for snack we are providing holiday themed cookies to brighten up the sprits.

This holiday stay safe, inside with your family with a nice homemade

hot chocolate with our dietary managers home famous hot coco recipe great for all your winter occasions.

Josh's Famous Hot Chocolate

Ingredients

- 2 cups milk (preferably whole or 2%)
- 2 cups of 10% cream
- 1/4 cup unsweetened cocoa powder
- 1/4 cup granulated sugar
- 1/2 cup bittersweet or semisweet chocolate chips or chopped chocolate bar
- 1/4 teaspoon pure vanilla extract
-

Topping

Crushed candy cane
Whipped Cream
Shaved chocolate

Instructions

1. Place milk, cocoa powder and sugar in a small saucepan. Heat over medium/medium-low heat, whisking frequently, until warm (but not boiling). Add chocolate chips and whisk constantly until the chocolate chips melt and distribute evenly into the milk. Whisk in vanilla extract.
2. Add your desired toppings and serve while hot.
(Hot tips: If you want to adult it up a little, instead of adding 2 cups of 10% cream, add 1 cups of Irish cream or chocolate cream liquor and 1 cup of 10% cream to really keep you warm through the holidays)

Joshua Klement – Dietary Manager

Christmas One-Liners



- 1. Two snowmen in a field, one turned to the other and said "I don't know about you but I can smell carrots."!**
- 2. Did you know that Santa's not allowed to go down chimneys this year? It was declared unsafe by the Elf and Safety Commission.**
- 3. There were two biscuits, on a plate, all ready for Santa to eat. One biscuit decided to go and hide in the biscuit tin as it didn't want to get eaten. As it was going to the kitchen, Santa came in and stood on it and all the other biscuit could say was 'Crumbs'!.**
- 4. What do you call an obnoxious reindeer? RUDEolph.**
- 5. What does Santa bring naughty boys and girls on Christmas Eve? A pack of batteries with a note saying "toy not included".**

6. What do get if you cross a duck and Santa? A Christmas Quacker.

7. What do lawn ornaments do over winter break? Go gnome for the holidays.

8. How does Santa Claus take a picture? With a North Pole-roid.



In Memoriam

We are saddened at the loss of some very precious people:

Mr. Huynh, Ms. Ignatius,
Mr. Kuventhirarajah,
Ms. McDougall, Ms. McIntosh,
Mr. Opazo



Our thoughts and prayers go out to the family and friends of these residents.

They will forever be missed.

Circle Your Calendar!

Upcoming Events This Winter!!

- **Every Monday:** Chinese Songs & English Songs with Michelle White (Virtually)

- **Every Tuesday & Thursday:** English Songs with Michelle White (Virtually)

- **Every Last Tuesday:** Tamil Worship with Senior Tamil Center (Virtual)

- **Every Thursday:** Tamil Worship with Canada Saivite Council (Virtual)

****Working on More Virtual, Please Standby.****



What's Happening @ Extendicare Scarborough!

2020 Memorable Moments!!



Resident Enjoying Hot Chocolate



Dietary Manager & Dietitian Present: Hot Chocolate Cart



Virtual Church Pose



Tamil Prayers w Senior Tamil Centre



Thank you Foresters
Financial Contracting and
Compensation Team for the Donation.



Connecting with Loved Ones