







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Meadowvale East Apostolic Hymn Sing (2W) 2:30 Making Soup Social (AR) 2:30 Saravana Bajan & Tamil Social (2E) 6:45 Basketball (AR)	10:45 Double Double (MDR) 10:45 Crosswords (2W) 2:45 Labor Day with Country Kenny (MDR)  6:45 Tim Horton's Social (Patio) Labor Day	10:45 Hang Man (1L) 10:30 Tamil Worship & Painting (2E) 2:45 Social Walks 6:45 Bible Reading with Faith Baptist Church (AR) – Invite Only 7:00 BSO Group Program – Invite Only (2W)	10:45 Preparation for Taste of Pakistan (AR) 12:00 Taste of Pakistan (AR) - Based on Invitation & Rotation 2:45 Resident Council & Food Committee Meeting (AR) 2:45 Manicures (Basement) 7:00 Bingo Night (MDR)	10:45 Islamic Stories (AR) 10:45 Crosswords (2W) 2:45 Music Therapist –Invitation Only (Group 2) (AR) 2:45 Puzzles (2W) 6:45 Curling (AR)	8:30 Men's Pancake Breakfast – Based On Rotation (AR) 10:45 Arts & Crafts (Patio) 10:45 Learning Language (2E) 2:45 UNO – Card Game (MDR) 2:45 Penny Ante (2W) 6:45 Bracelet Making (AR)	10:30 Baking (MDR) 2:30 Sensory Spa Stimulation – Based on Rotation (AR) 7:00 Tea Social (Patio)
10:30 Yoga Exercise Group (MDR) 2:30 Faith Baptist Church Service (MDR) 7:00 Archery (MDR) Grandparents' Day	10:45 Crosswords (1L) 10:45 Double Double (2W) 2:30 St. John the Divine of Anglican Church (MDR) 6:45 You Be the Judge (1L) 6:45 Dominoes (2W)	10:45 Jeopardy (MDR) 10:45 Bingo (2E) 2:30 Resident Council Minutes Meeting Review Committee (MDR) 7:00 Church Band Group (MDR) 	10:45 Apples to Apples (MDR) 10:45 Crosswords (2W) 2:30 Roman Catholic Mass (MDR) 7:00 Career Bingo Night (MDR)	10:45 Brain Quest (2W) 12:00 BBQ for 1st Floor – Based on Rotation (Patio) 2:45 Music Therapist –Invitation Only (Group 1) (AR) 2:45 Sing-A-Long (1L) 7:00 BSO Group Program – Invite Only (MDR) 6:45 Special Tamil Worship Canada Saivite Council (2E)	10:45 Who Wants to be a Millionaire – Trivia DVD (1L) 10:45 Mathable (2E) 2:30 Resident Council Minutes Meeting Review Committee (Patio) 2:45 Freezie Social w Water Balloons (Patio) 7:00 Social Night with Jay Franco (MDR)	10:30 Laughing Yoga (MDR) 2:30 Snakes & Ladders (MDR) 2:30 Ramayanam (2E) 6:45 Quran Reading (AR) 7:00 Word Game (2W)
10:30 Sit N' Dance (MDR) 3:00 Grace New Pentecostal Church (2W) 2:45 Manicures (MDR) 7:00 Living Word of Canada – Tamil & English Church Service (MDR)	10:45 Trivia – Video (1L) 10:45 Crosswords (2W) 2:45 Hockey (MDR) 6:45 Knitting (AR)	10:45 Crosswords (1L) 10:45 Proverb & Tamil Worship (2E) 12:00 \$ Church's Chicken \$ - Based on Rotation 2:45 Puzzles (2W) 2:45 Balloon Toss (1 on 1) 6:45 Bible Reading with Faith Baptist Church (AR) – Invite Only 7:00 BSO Group Program – Invite Only (2W)	10:45 Wii Game – Are You Smarter Than a 5th Grader (1L) 10:45 You be the Judge (2W) 2:30 St. Stephens Presbyterian Hymn Sing (MDR) 7:00 Fruit Bingo Night (MDR)	10:45 Brain Training with Morry (AR) 2:45 Hot Chocolate Social (Patio)  7:00 Karaoke (MDR)	10:45 Bracelet Making (MDR) 2:45 Music Therapist –Invitation Only (Group 2) (2W) 6:45 Occupational Game (2W)	10:30 Wii Games (1L) 10:30 Ring Toss (2W) 2:30 Hymn Sing with Scarborough 7th Day Adventist Church (MDR) 7:00 Tim Horton's Social (AR) Oktoberfest Begins
10:30 Fun & Fitness (MDR) 2:30 Heron Park Baptist Service (MDR) 7:00 Chinese Checkers (MDR) 6:45 Islamic Stories (AR)	10:45 Crosswords (1L) 10:45 Reminiscing – Everyday Photos (2W) 2:45 Autumn Begins & Birthday Party with Yo (MDR) 7:00 BSO Group Program – Invite Only (MDR) 6:45 Roll the Dice – Break the Ice (2W) Autumn Begins	10:45 Word Games (1L) 10:45 Tamil Worship & Zingo (2E) 2:45 Darts (1 on 1) 2:45 Carrom (2W) 6:45 Knitting (AR)	10:45 Name That Tune (1L) 10:45 Crosswords (2W) 1:30 Tuck Shop (1 on 1)  2:45 4 Pics 1 Word – Tablet Game (MDR) 7:00 Bingo Night (MDR)	10:45 Mathable (MDR) 12:00 BBQ for 2nd Floor – Based on Rotation (Patio) 2:45 Ladder Ball (MDR) 7:00 Finish My Phrase (MDR) 6:45 Movie Night (AR)	8:30 Ladies' Waffle Breakfast – Based On Rotation (AR) 10:45 Arts & Crafts (AR) 10:45 Sit N' Dance (2E) 2:45 Music Therapist –Invitation Only (Group 1) (AR) 2:45 Music & Memory (1 on 1) 7:00 Social Treat Night with Michelle White (MDR)	10:30 Double Double (AR) 2:45 Evangelic Hymn Sing (MDR) 2:30 Asian Social (2E) 6:45 Quran Reading (AR) 7:00 Crosswords (2W)
10:30 Fun & Fitness (MDR) 2:30 Wheel of Fortune (MDR) 6:45 Bracelet Making (AR)	10:45 Bingo - Proverbs and Songs (2W) 2:45 Resident Rewards Ceremony (MDR)  7:00 Cribbage (MDR) 6:45 BSO Group Program – Invite Only (2W) Rosh Hashanah (first day)	<p style="text-align: center;"><i>Mostly Everyday at 1:30 Montessori Based Programming/Music & Memory/One on One Visits/ Social Walks (One on One Program area & times are subject to change due to unexpected circumstances. (One on One Music Therapy is held Wednesdays 1:30-2:30)</i></p> <p style="text-align: center;">September 2019 Extendicare Scarborough</p> 				

Legend AR: Activity Room MDR: Main Dining Room 2E: Lounge on 2nd floor East 2W: Lounge on 2nd floor West 1L: Lounge on 1st floor \$: Money