

Extendicare Kawartha Lakes

125 Colborne Street East, Lindsay ON, K9V 6J2, 705-878-5392



Upcoming Events

We hope you are all getting excited for the holiday season because we sure are! The Activities Department will be putting on a variety of exciting programs for the month of December.

Here are a few highlights of the special activities we will be having:

- December 6th** – Birthday Party with Don Vanhalteren
- December 22nd** – Christmas Party with Randy Read
- December 25th** – Christmas Carols Sing-a-long
- December 27th** – Seasonal Show with Keith Kirkpatrick

And more!!

Please speak to the Activity Department if you have any ideas/feedback. We love to hear from you!

Wishing you all a Happy Holidays and a Happy New Year!

Rachel Myers & Activity Department



December Birthdays

Murray C.	December 4th
Audrey C.	December 8th
Mary W.	December 10th
Beverly R.	December 12th
Rita B.	December 14th
Janet W.	December 14th
Colleen O.	December 16th
Ilene N.	December 18th



Christmas Jokes

What does Santa suffer from if he gets stuck in a chimney?

Claustrophobia!

What kind of motorbike does Santa ride?

A Holly Davidson!

What do you get if you cross Santa with a detective?

Santa Clues!



The Extendicare Team

Administrator
Deborah Woods

Director of Care
Nicole Jarvis

Office Manager
Jenni Graham

Quality & Risk Management Coordinator
Michelle Gavin

Dietary Manager
Jessica McIvor

Program Manager
Erin Broderick

Maintenance Supervisor
Gary Laurin

Clinical Coordinator
Tiffany Croucher

May
Lovely,
Happy Times
Decorate Your
Holiday Season,
May Warm, Special
Memories Brighten
Your New Year, May
The Wonder of Christmas
Be With You Forever.

Focus on Quality Indicators

Check out our quality boards with the latest information on our quality indicators at the nurse’s station on the units or at the front entrance. Ontario has the largest, longest-running data collection and reporting system in Canada for quality-of-care information on long-term care homes. Below you will find a quick update on some of the quality indicators we monitor and track daily here in our home. The improvements in these key areas are improvements in the quality of life of our residents. As you are aware this information is published, and the Ministry of Health monitors these results.

Pain – Corporate Benchmark – 7.50%
Kawartha Lakes – The goal for October was achieved. We closed the October month at 0/53 0.00%. Our Pain Lead continues to monitor the pain levels with our residents and complete pain audits weekly. We continue to explore preventative management options for residents to support pain management.

Falls – Corporate Benchmark – 15% Kawartha Lakes – The goal for October was achieved. We closed out October month at 7/53 13.21%. We have seen a decrease in falls for the month of July while admitting new residents. We did however experience a steady decrease in falls over the past months. Our multidisciplinary continues to meet weekly for “Falls Friday” to review our weekly falls. The “Falls Friday” meeting helps our team gain insight and look for innovate preventative measures to support our residents. Falls prevention is a team effort!

Worsening Pressure Ulcers – Corporate Benchmark – 2%
Kawartha Lakes – The goal for October was achieved. We closed the month of October at 2/53 3.77%. Our team here at Kawartha Lakes and Lakeland Village continues to monitor residents for wounds and use prevention strategies to support our resident’s needs



REACH
Resident Experience
Action Council for
Homes

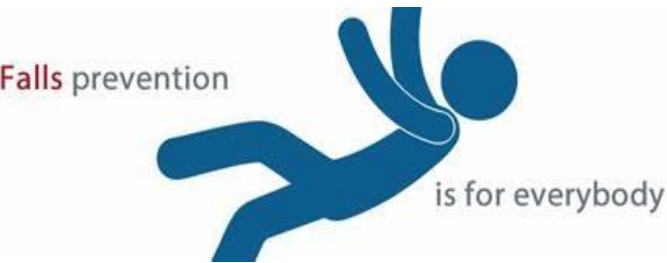
What is REACH?
REACH brings together residents, family members and caregivers to look at ways to enhance the lives of our residents, focusing on collaboration to improve care in the home

The REACH Team continues to meet every third Wednesday of every month. We continue to look for residents and family’s members to join. Please contact *Michelle Gavin* at the office if you’re interested in more information.



Antipsychotics without Diagnosis – Corporate Benchmark – 17.3%
Kawartha Lakes – The goal for October was achieved. We closed the month of October at 4/49 8.16%. The decrease is contributed by the close monitoring of antipsychotics by our Antipsychotic Lead.

We have an amazing team here at Kawartha Lakes!!



Health & Safety

Our Joint Health & Safety Committee continues to regularly meet each month on the third Tuesday of each month to address Health and Safety concerns. All home inspections of our homes were completed without and issues to report. If you ever have any concerns relating to Health & Safety, please reach out to your representative and we will be happy to help. You can find the latest up to date information on our Health and Safety on our Health and Safety Board located in the back hallway at the rear entrance.

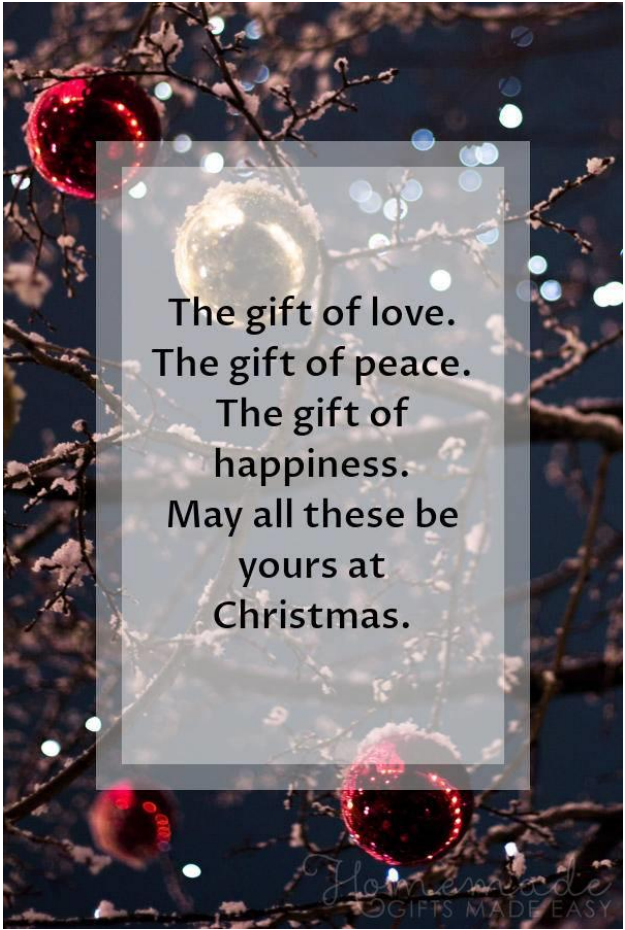
Thank you,
Michelle Gavin, Quality & Risk Manager

IPAC -Infection Prevention and Control

Kawartha Lakes – We closed the month October at 95.8% for hand hygiene audits and for PPE compliance at 86.9%. For October month we were at 100% for Team Members Covid-19 Vaccine rates for first and second dose. The Covid-19 Vaccine rates for residents first dose 98.4% and second dose 98.4% and third dose at 81.2%. We continue to promote hand hygiene and PPE practices in our home through hands on training and education. All new essential caregivers are required to take the education prior to becoming an essential caregiver. All new staff must complete hand hygiene and PPE training prior to starting the first day of work. Please check out our IPAC board for the latest IPAC practices.

- Reminders:**
- Remember to complete hand hygiene for at least 20 seconds prior to caring for your loved one and 20 seconds after care.
 - Remember to provide your COVID vaccine proof of 2 shots prior to visiting for the first time. A staff member will record the information to cover all other visits. If you are unable to provide proof of both COVID vaccines proof, you will have to complete a rapid swab prior to entry to our home.

Tiffany Croucher RN, IPAC Lead, Clinical



Reminder to Essential Care Givers: At the end of your visit and prior to leaving, please ensure you ring the call bell to notify the Charge Nurse you are finished your visit and your love one will be alone

