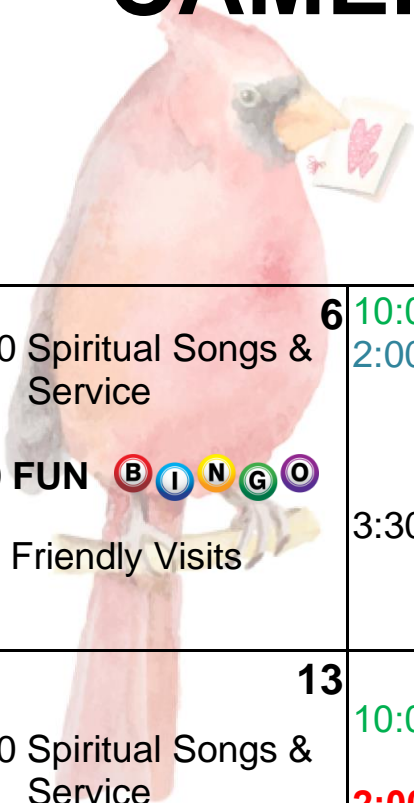


















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Happy Valentine's Day</p> <p>BALSAM</p>		<p>11:00 Friendly Visits With Chris 1</p> <p>2:00 Try out the Abby Machine</p> <p>Chinese New Year (Year of the Tiger)</p>	<p>10:00 Low Impact Exercises 2</p> <p>2:00 Movie in Lounge</p> <p>Groundhog Day</p>	<p>10:00 Falls Prevention 3</p> <p>11:00 Traveling Tuck Cart</p> <p>2:00 \$\$\$ BINGO</p> <p>3:30 1-1 Walks with Sara</p> <p>6:00 Buddha Board</p>	<p>2022 Winter Olympics Start 4</p> <p>10:45 Food Committee Meeting</p> <p>11:00 Manicures</p> <p>2:00 Ice Cream Cart</p>	<p>10:00 Balloon Paddle Fun 5</p> <p>2:00 Fun BINGO</p> <p>3:30 Facetime/Google Duo Visits</p>
<p>10:00 Spiritual Service & Songs 6</p> <p>2:00 Winter Olympic's "Full House Game"</p> <p>3:30 Hand Massages</p>	<p>11:00 1-1 visits with Rachel 7</p> <p>2:00 Shake Loose & Memory with Kitty</p>	<p>11:00 Friendly Visits With Chris 8</p> <p>2:00 Ring Toss with Kitty</p>	<p>10:00 Low Impact Exercises 9</p> <p>2:00 Valentine Craft With Sara ♥</p> <p>5:00 Diner's Club "Chinese Food" (Sign up Required)</p>	<p>10:00 Falls Prevention 10</p> <p>2:00 \$\$\$ BINGO</p> <p>3:30 Sparkling Specs</p>	<p>10:00 A Moment in Time 11</p> <p>2:00 Valentine Cookie Decorating</p> <p>3:30 Abby Machine</p>	<p>10:00 Buddha Board 12</p> <p>2:00 Fun BINGO</p> <p>3:30 Facetime/Google Duo Visits</p>
<p>11:00 Spiritual Service & Songs 13</p> <p>2:00 Valentine's Day Craft with Danielle</p> <p>6:00 Rendeвер Virtual Reality</p>	<p>Red & Pink Day 14</p> <p>10:00 Sit N Groove To Love Songs</p> <p>2:00 Valentine's Day Entertainment with Don Vanhalteren</p> <p>Valentine's Day ♥</p>	<p>11:00 Friendly Visits With Chris 15</p> <p>2:00 Balloon Paddle Fun With Kitty</p>	<p>10:00 Low Impact Exercises 16</p> <p>2:00 Resident Council Meeting</p> <p>3:30 1-1 Visits</p>	<p>10:00 Falls Prevention 17</p> <p>11:00 Traveling Tuck Cart</p> <p>2:00 \$\$\$ BINGO</p> <p>3:30 Fireside Chats (T.V Lounge)</p> <p>6:00 Hot Chocolate Cart</p>	<p>11:00 Manicures 18</p> <p>2:00 Ice Cream Cart </p> <p>3:30 1-1 Walks</p> <p>6:00 Rendeвер Virtual Reality</p>	<p>10:00 Name that Tune 19</p> <p>2:00 Fun BINGO</p> <p>3:30 Facetime/Google Duo Visits</p>
<p>11:00 Spiritual Service & Songs 20</p> <p>3:30 Sparkling Specs</p>	<p>Family Day! 21</p> <p>11:00 Family Reminisce</p> <p>1:00 Friendly Visits with Rachel</p> <p>Presidents' Day ♥</p>	<p>11:00 Friendly Visits With Chris 22</p> <p>2:00 Bean Bag Toss With Kitty</p>	<p>10:00 Low Impact Exercises 23</p> <p>2:00 Shuffleboard</p> <p>3:30 Hand Massages</p>	<p>10:00 Falls Prevention 24</p> <p>2:00 \$\$\$ BINGO</p> <p>6:00 Fireside Sing Along</p>	<p>10:00 Sit N Groove 25</p> <p>2:00 Tea & Toast</p> <p>3:30 Abby Machine</p>	<p>10:00 Rendeвер Virtual Reality 26</p> <p>2:00 Monthly Birthday Party- Randy Read to Entertain</p>
<p>11:00 Spiritual Service & Songs with Danielle 27</p> <p>2:00 Balloon Paddle Fun</p> <p>6:00 Hot Chocolate Cart</p>	<p>10:00 Sit N Groove 28</p> <p>2:00 Fun BINGO</p> <p>3:30 Calendar Delivery</p>	<h1>February 2022</h1> <h2>EXTENDICARE KAWARTHA LAKES</h2> <p>NOTE ALL PROGRAMS ARE SUBJECT TO CHANGE*</p>				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CAMERON</p> 		<p>10:00 Low Impact Exercise</p> <p>2:00 \$\$\$ B I N G O</p> <p>6:00 Chinese New Year Trivia</p>  <p>Chinese New Year (Year of the Tiger)</p>	<p>10:00 Falls Prevention</p> <p>2:00 Movie in the Lounge</p> <p>6:00 Buddha Board</p> <p>Groundhog Day</p>	<p>10:00 Travelling Tuck Cart</p> <p>2:00 Making Valentine's Day Cards with Rachel</p> <p>3:30 Fireside Chats (TV Lounge)</p>	<p>10:00 Manicures</p> <p>10:45 Food Committee Meeting</p> <p>2:00 Ice Cream Cart</p> 	<p>10:00 Scattegories</p> <p>2:00 Crafts with Chris</p> 
<p>10:00 Spiritual Songs & Service</p> <p>2:00 FUN B I N G O</p> <p>3:30 Friendly Visits</p>	<p>10:00 Sit N' Groove</p> <p>2:00 Winter Olympics Full House Game</p>  <p>3:30 Rendever Virtual Reality</p>	<p>10:00 Low Impact Exercise</p> <p>2:00 Balloon Paddle Fun</p> <p>6:00 Sing me a Love Song</p> 	<p>10:00 Falls Prevention</p> <p>2:00 \$\$\$ B I N G O</p> <p>5:00 Diner's Club – Chinese Food (sign up required)</p>	<p>10:00 Ring Toss</p> <p>3:30 Sparkling Specs</p> 	<p>10:00 Manicures</p> <p>2:00 Valentine's Cookie Decorating</p> <p>3:30 1:1 Walks with Rachel</p>	<p>10:00 Name That Tune</p> <p>2:00 Valentine's Day Crafts with Danielle</p> 
<p>11:00 Spiritual Songs & Service</p> <p>2:00 FUN B I N G O</p> <p>6:00 Hot Chocolate Cart</p>	<p>Red & Pink Day</p> <p>10:00 Sit N' Groove to Love Songs</p> <p>2:00 Valentine's Day Entertainment with Don Vanhalteren</p>  <p>Valentine's Day</p>	<p>10:00 Low Impact Exercise</p> <p>2:00 Crafts with Chris</p> <p>6:00 Sing-a-long with Canadian Artists</p> 	<p>10:00 Falls Prevention</p> <p>2:00 Resident's Council Meeting</p> <p>6:00 Buddha Board</p>	<p>10:00 Travelling Tuck Cart</p> <p>2:00 Bowling</p>  <p>3:30 iPad Music</p>	<p>10:00 Manicures</p> <p>2:00 \$\$\$ B I N G O</p> <p>3:30 Abby Machine</p>	<p>11:00 1:1 Walks with Sara</p> <p>3:30 Sing-a-long</p> 
<p>10:00 Spiritual Songs & Service</p> <p>2:00 FUN B I N G O</p> <p>3:30 Friendly Visits</p>	<p>Family Day</p> <p>10:00 Family Reminisce</p> <p>1:00 Friendly Visits with Rachel</p> <p>Presidents' Day</p>	<p>10:00 Low Impact Exercise</p> <p>2:00 Rendever Live – Maple Season</p> <p>6:00 Lets Connect</p>	<p>10:00 Falls Prevention</p> <p>2:00 \$\$\$ B I N G O</p> <p>6:00 1:1 Walks with Rachel</p>	<p>10:00 Travel with Chris</p> <p>2:00 <i>Extendicare Advice Columnists</i></p> 	<p>10:00 Manicures</p> <p>2:00 Ice Cream Cart</p> <p>3:30 Sparkling Specs</p> 	<p>10:00 Pet Therapy and Stimulation</p> <p>2:00 Birthday Party with Randy Read</p> 
<p>11:00 Spiritual Songs & Service</p> <p>2:00 FUN B I N G O</p> <p>6:00 Hot Chocolate Cart</p>	<p>10:00 Sit N' Groove</p> <p>2:00 Rendever Virtual Reality</p> <p>3:30 Calendar Delivery</p>	<p>February 2022 </p> <p>Extendicare Kawartha Lakes</p>				

NOTE: ALL PROGRAMS ARE SUBJECT TO CHANGE