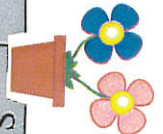


ACTIVITY CALENDAR - Extendicare Kingston

APRIL 2016

“Spring is in the Air”



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Legend AR – Activity Room N – North Lounge S – South Lounge C – Centre Lounge TR – Tiffany Room</p>		<p>Restorative Exercises Daily Times and locations will vary...</p>	<p>Exercise Classes Monday to Friday 10:30am Locations will vary</p>		<p>April Fool's Day 10:15 United Service - AR 2:00 Friday Social “Mike Myers” South Lounge 3:45 Current Events - TR 7:00 Wingo -Activity Room</p>	<p>10:00 Karaoke Singing Activity Room 10:00 Restorative Exercises 2:00 Bingo – AR</p>
<p>3 10:00 Restorative Exercises 10:15 Coffee Club –AR 2:00 Movie Afternoon Activity Room</p>	<p>4 10:00 Mental Aerobics -AR 2:00 Carpet Bowling South Lounge 3:45 Current Events – TR 7:00 Bean Bag Toss Activity Room</p>	<p>5 10:00 Let's Create – AR 2:00 Golden Oldie Movie 2:00 Knitting Club – N 2:15 1:1 Music Visits - units 3:45 Current Events – TR 7:00 Kirsten & Friends Activity Room</p>	<p>6 10:00 R.C. Mass – AR 10:15 Small Groups 2:00 Rhythm Band Social in Activity Room 3:45 Current Events - TR 7:00 Bingo -AR</p>	<p>7 9:30 Manicures - AR 10:00 Bells Choir - TR 2:00 Movie & Popcorn Activity Room 3:45 Current Events-TR 7:00 Girl Guide Group Visit & Activity - AR</p>	<p>8 10:15 Anglican Service-AR 2:00 Friday Social “Murray McNeely” Tiffany Room STARBUCKS IS COMING 3:45 Current Events - TR 7:00 Wingo -Activity Room</p>	<p>9 10:00 Jokes & Juice Activity Room 10:00 Restorative Exercises 2:00 Bingo -AR Vimy Ridge Day</p>
<p>10 10:00 Restorative Exercises 10:15 Coffee Club – AR 2:00 Adventist Church Worship Service Activity Room</p>	<p>11 10:00 Mental Aerobics -AR 2:00 Carpet Bowling South Lounge 3:45 Current Events – TR 7:00 Word Scramble Activity Room</p>	<p>12 10:00 Let's Cook – AR 2:00 Golden Oldie Movie 2:00 Knitting Club – N 2:15 1:1 Music Visits - units 3:45 Current Events – TR 7:00 Word Spaghetti - AR</p>	<p>13 10:00 R.C.Mass -AR 10:15 Small group 2:00 Birthday Party Rhythm Band in AR 3:45 Current Events -TR 7:00 Bingo – AR</p>	<p>14 9:30 Manicures – AR 10:00 Bells Choir - TR 2:00 Bob & Glenn Music in Activity Room 3:45 Current events - TR 7:00 Shuffleboard -AR</p>	<p>15 10:00 Mental Aerobics–AR 2:00 Friday Social “Picket Fences” Activity Room 3:45 Current Events – TR 7:00 Wingo –AR</p>	<p>16 10:00 Spring Craft In Activity Room 10:00 Restorative Exercises 2:00 Bingo in AR</p>
<p>17 10:00 Restorative Exercises 10:15 Coffee Club –AR 2:00 Movie Afternoon In Activity Room</p>	<p>18 10:00 Mental Aerobics -AR 2:00 Volunteer Appreciation – TR 7:00 Flyswatter Volleyball in Activity Rm</p>	<p>19 TUCK SHOP CART 10:00 Let's Create – AR 2:00 Golden Oldie Movie 2:00 Knitting Club – N 3:45 Current Events –TR 7:00 “Pub Night - AR With “James Ryce”</p>	<p>20 10:00 R.C.Mass -AR 10:15 Small Group 2:00 Rhythm Band -AR 3:45 Current Events -TR 7:00 Bingo – AR</p>	<p>21 9:30 Manicures – AR 10:00 Bells Choir – TR 1:00 Shopping Outing Wal-Mart – sign up 7:00 Shuffleboard – AR</p>	<p>22 EARTH DAY 10:00 Anglican Service-AR 2:00 Friday Social “Ross & Joe” South Lounge 3:45 Current Events – TR 7:00 Wingo –AR</p>	<p>23 Passover 10:00 Tea & Trivia Activity Room 10:00 Restorative Exercises 2:00 Bingo -AR</p>
<p>24 10:00 Restorative Exercises 10:15 Coffee Club – AR 2:00 Fiddle Earth In Activity Room</p>	<p>25 10:00 Mental Aerobics AR 2:00 Resident Council Meeting and Tea 3:45 Current Events- TR 7:00 Movie Night - AR</p>	<p>26 10:00 Let's Cook – AR 2:00 Doug Barnes Music in the Activity Room 3:45 Current Events – TR 7:00 “Name that Tune” - AR</p>	<p>27 10:00 R.C.Mass -AR 10:15 Small Group 2:00 Rhythm Band -AR 3:45 Current Events -TR 7:00 Bingo - AR</p>	<p>28 9:30 Manicures – AR 10:00 Bells Choir - TR 1:00 Shopping Outing Wal-Mart – sign up 2:00 Bible Study -AR 7:00 Sunshine Souls Music in Activity Room</p>	<p>29 10:00 Mental Aerobics 2:00 Friday Social “Hermann” - AR 3:45 Current Events – TR 7:00 Wingo –AR</p>	<p>30 Passover Ends 10:00 “Soup is on” Activity Room 10:00 Restorative Exercises 2:00 Bingo -AR</p>

