Basic Activity Calendar at a Glance- subject to evening entertainment, tours, holidays, etc.

Colour key- 1st floor Dementia residents included

2nd floor Dementia residents included

Outings

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	9:15- News/ Exer ½	9:15- News/ Exer ½	9:15- News/ Exer ½	9:15- News/ Exer ½	8:30- Breakfast	
10:00-LDS	10:30- Songs &	10:30- Bible Study	10:30- Crib	10:30- Cooking	Club- 2	
1:30- Ecumenical	Stories- 1 st / 2 nd	10:30- Nail Care- 2	10:00 - 12:00	1200/ 2200	9:15- News/ Exer 1	
Service	Dementia	2:00- Ice Cream- 1	Shopping WalMart	2:00- Bingo	10:30- Cooking- 1	
	2:00- Pet Visits	2:00- Bingo	2:00 - Nail Care- 1 st	2:00- Ice Cream- 2	10:30- 1.1 visits 2	
	2:00- Coffee Party				2:00- Music	
	9:15- News/ Exer ½	8:00- Podiatrist	9:15- News/ Exer ½	9:15- News/ Exer ½	9:15- News/ Exer ½	
10:00-LDS	10:30- Songs &	(every 4 weeks)	10:30- Crib	10:30- Cooking	10:30- Cooking- 1	
1:30- 4Ever Praise	Stories- 1 st / 2 nd	9:15- News/ Exer ½	10:30- Dementia	1200/ 2200	10:30- RC Comm.	
(Sept - June)	Dementia	10:30- Bible Study	visits	2:00- Bingo	10:30- 1.1 visits 2	
	2:00- Pet Visits	10:30- Nail Care- 2	2:00- Golden Mile	2:00- Ice Cream 2	2:00- Music	
	2:00- Coffee Party	2:00- Ice Cream- 1	Singers			
		2:00- Bingo				
	9:15- News/ Exer- 2	9:15- News/ Exer ½	9:15- News/ Exer ½	9:15- News/ Exer ½	9:15- News/ Exer ½	
10:00-LDS	10:30- Songs &	10:30- Bible Study	10:30- Crib	11:40- 1:40- ANAF	10:30- Cooking- 1	
	Stories- 2 nd	10:30- Nail Care- 2	10:30 Dementia	outing	11:20 - 1:40- LSCO	
	Dementia	2:00- Ice Cream- 1	visits	2:00- Bingo	Outreach	
	10:15- Nordbridge	2:00- Bingo	2:00 - Nail Care- 1 st	3:15- Anglican	2:00- Birthday Party	
	Jam/ Lunch			Communion		
	2:00- Pet Visits					
	2:00- Coffee Party					
	9:15- News/ Exer ½	9:15- News/ Exer ½	9:15- News/ Exer ½	9:15- News/ Exer ½	8:30- Breakfast	
10:00-LDS	10:30- Songs &	10:30- Bible Study	10:30- Crib	10:30- Cooking	Club- 2	
	Stories- 1 st	10:30- Nail Care- 2	10:30- Dementia	1200/ 2200	9:15- News/ Exer 1	
	Dementia	2:00- Ice Cream- 1	visits	2:00- Bingo	10:30- RC Mass	
	10:30- Resident	2:00- Bingo	2:00 - Nail Care- 1 st	2:00- Ice Cream 2	10:30- Cooking- 1	
	Council Meeting				2:00- Salvation	
	2:00- Pet Visits				Army	
	2:00- Coffee Party					

Please note- this is a guideline, the programs may change due to staffing, weather, etc.

Nordbridge, Golden Mile Singers, Mass and Salvation Army are not offered during June and July.