

MARCH 1ST THROUGH 12TH ACTIVITY CALENDAR

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



REMEMBER TO ATTEND CALENDAR REVIEW PROGRAMS TO LEARN MORE ABOUT PROGRAMS AND ASK QUESTIONS.

WATCH THE DRY ERASE BOARDS BY DINING ROOMS FOR DAILY PROGRAMMING AND ANY CHANGES OR CANCELLATIONS IN PROGRAMMING.

1
10:30 TO BE ANNOUNCED
 ALL FLOORS
2:15 BINGO
 DINING ROOM
 RANGER DINING ROOM
 TWIN DINING ROOM
 HARMONY DINING ROOM
3:30 ART CLASS-CHAPEL
4:30 TO BE ANNOUNCED
 ALL FLOORS
6:45 PUZZLES-TUNNEL ACT.
6:45 TANGLE ART
 RANGER ACTIVITY RM
6:45 SPORTS TRIVIA-ECHO
6:45 PENNY ANTI
 HARMONY DINING RM

2
10:30 UNITED SERVICE
 CHAPEL
***11:15 STATION MALL**
OUTING
***3RD & 4TH FLOORS**
2:15 MEN'S BOWLING
 CHAPEL
4:30 BALL TOSS
 TUNNEL LOUNGE
4:30 VINYL MEMORIES
 GOULAIS LOUNGE
4:30 YOU-TUBE VIDEOS
 TWIN LOUNGE
4:30 FOLDING & SORTING
 HARMONY ACT. RM
6:45 GOSPEL HALL HYMN
 SING-CHAPEL

3
10:30 CATHOLIC MASS
 CHAPEL
***10:45 STATION MALL**
OUTING
***1ST & 2ND FLOORS**
2:15 SUNRISE
SERENADERS
 4TH FLOOR DINING RMS
4:30 TRAVELLING MAIL
 CALL-ALL FLOORS
4:30 PARACHUTE GAMES
 MCCARROL LOUNGE
4:30 INDOOR SPORTS
 SUPERIOR LOUNGE
6:45 BINGO
 TUNNEL D. RM
 GOULAIS DINING RM
 TWIN DINING RM
 HARMONY DINING RM

4
10:00 ROSARY-CHAPEL
11:00 HOLY TRINITY
ANGLICAN SERVICE
 CHAPEL
2:15 AFTERNOON PUB
SOCIAL
 TUNNEL DINING RM
 4TH FLOOR DINING RMS
3:00 MICHAEL'S CRAFT
STORE OUTING

6:15 COFFEE AND MUSIC
 COUNTRY KITCHEN



5
10:00 CALENDAR REVIEW
 MCCARROL LOUNGE
 SUPERIOR LOUNGE
11:00 CALENDAR REVIEW
 RANGER LOUNGE
 ECHO ACT. RM.
1:45 BIBLE STUDY
 GOULAIS ACTIVITY RM
2:30 MOVIE MATINEE
 CHAPEL
2:30 COFFEE &
CALENDARS
 CHAPEL
4:00 MONTESSORI
 RANGER ACTIVITY RM
4:00 "WORK IT" TRIVIA
 TUNNEL LOUNGE
6:45 PIANO SING-A-LONG
 CHAPEL

6
10:00 BALL TOSS
 MCCARROL LOUNGE
 ECHO LOUNGE
11:00 CALENDAR REVIEW
 RANGER LOUNGE
 HARMONY LOUNGE
1:30 CARDS & BOARD
GAMES
 MCCARROL ACTIVITY RM
 TWIN ACTIVITY RM
2:30 CRAFTS & COFFEE
 CHAPEL & LIBRARY
4:00 MAGAZINE
SCAVENGER HUNT
 GOULAIS ACTIVITY RM
4:00 "WORK IT" TRIVIA
 SUPERIOR LOUNGE
6:30 MAPLE VIEW BAND
(PICK YOUR
INSTRUMENT OF
CHOICE!)
 CHAPEL

7
11:00 SOUPER MONDAY
***FOR 3RD&4TH FLOORS**
 COUNTRY KITCHEN
2:15 LOOK GOOD, FEEL
GOOD
 MCCARROL ACTIVITY RM
 TUNNEL ACTIVITY RM
 GOULAIS ACTIVITY RM
 ECHO ACTIVITY RM
 SUPERIOR ACTIVITY RM
3:00 ART CLASS-CHAPEL
4:30 PARACHUTE GAMES
 RANGER LOUNGE
4:30 TRAVELLING
MONTESSORI
 1ST FLOOR, 3RD FLOOR,
 4TH FLOOR
6:45 READING GROUPS
 SUPERIOR ACTIVITY RM
 TWIN ACTIVITY ROOM
 RANGER ACTIVITY RM
 MCCARROL ACTIVITY RM

8
8:30 LAUNDRY PROGRAM
 RANGER & GOULAIS ACT.
10:30 PEOPLE'S
PENTACOSTAL-CHAPEL
***12:00 ORDER IN LUNCH-**
***1ST & 4TH FLOORS**
 CHAPEL
2:15 BINGO
 DINING ROOM
 RANGER DINING ROOM
 TWIN DINING ROOM
 HARMONY DINING ROOM
4:15 MEN'S COOKING
GROUP
 COUNTRY KITCHEN
6:45 MEMORIAL SERVICE
 CHAPEL

9
10:30 2ND FLOOR
BIRTHDAY PARTY
 RANGER DINING ROOM
10:30 LAUNDRY
PROGRAM
 TUNNEL ACT RM
 MCCARROL ACT RM
***11:15 CASINO OUTING**
***3RD & 4TH FLOORS**
2:15 MEN'S BLOOPERS
& BEER
 CHAPEL
4:30 BALL TOSS
 TUNNEL LOUNGE
4:30 VINYL MEMORIES
 GOULAIS LOUNGE
4:30 IPAD TRIVIA
 ECHO LOUNGE
4:30 FOLDING & SORTING
 HARMONY ACT. RM
4:30 MOVIE OUTING
6:45 MUSIC WITH NORM
 CHAPEL

10
10:30 MONTESSORI
PROGRAMMING
 4TH FLOOR
10:30 3RD FLOOR
BIRTHDAY PARTY
 ECHO DINING RM
***10:45 CASINO OUTING**
***1ST & 2ND FLOORS**
***TRAVELLING 1:1**
(MONTESSORI,
SNOEZELEN)
 *2:15 3RD & 4TH FLOORS
 *2:45 1ST & 2ND FLOORS
4:30 TRAVELLING MAIL
 CALL-ALL FLOORS
4:30 PARACHUTE GAMES
 MCCARROL LOUNGE
4:30 INDOOR SPORTS
 SUPERIOR LOUNGE
6:45 BINGO
 TUNNEL D. RM
 GOULAIS DINING RM
 TWIN DINING RM
 HARMONY DINING RM

11
10:30 ROSARY-CHAPEL
2:15 AFTERNOON PUB
SOCIAL
 4TH FLOOR DINING RMS
2:15 TUNNEL BIRTHDAY
PARTY
 TUNNEL DINING ROOM
6:00 GREYHOUND HOCKEY
 OUTING
6:15 COFFEE AND MUSIC
 COUNTRY KITCHEN



12
10:00 TANGLE ART &
ART BOOKS
 TUNNEL DINING RM
10:00 BOARD GAMES &
CARDS-
 TWIN ACT. RM.
11:00 PENNY-ANTI
 RANGER ACT. RM.
11:00 HUMOUR GROUP
 HARMONY LOUNGE
1:30 TRAVELLING MAIL
CALL
1:45 BIBLE STUDY
 GOULAIS ACT. RM.
2:15 TRAVELLING 1:1
PROGRAMMING
4:00 VINYL MEMORIES
 RANGER LOUNGE
4:00 VINYL MEMORIES
 HARMONY LOUNGE
6:45 WII GAMES
 MCCARROL LOUNGE
6:45 VINYL MEMORIES
 ECHO DINING ROOM

MARCH 13TH THROUGH 26TH ACTIVITY CALENDAR

Sunday

Monday



Tuesday

Wednesday

Thursday

Friday

Saturday

<p>13 10:00 LAUNDRY PROGRAM MCCARROL ACTIVITY RM 10:00 LAUNDRY PROGRAM ECHO & TWIN ACTIVITY 11:00 PENNY-ANTI SUPERIOR DINING RM 11:00 LAUNDRY PROGRAM GOULAIS & RANGER ACTIVITY RMS 1:00 GREYHOUND HOCKEY OUTING 6:45 MAPLE VIEW BAND (PICK YOUR INSTRUMENT OF CHOICE!) CHAPEL</p>	<p>14 10:30 SPIRITUAL SERVICE WITH GENE- CHAPEL 11:00 SOUPER MONDAY *FOR 1ST & 2ND FLOORS COUNTRY KITCHEN 2:15 LOOK GOOD, FEEL GOOD MCCARROL ACTIVITY RM TUNNEL ACTIVITY RM GOULAIS ACTIVITY RM ECHO ACTIVITY RM SUPERIOR ACTIVITY RM 4:30 PARACHUTE GAMES RANGER LOUNGE 4:30 TRAVELLING MONTESSORI 1ST FLOOR, 3RD FLOOR, 4TH FLOOR 6:45 GERRY LUXTON HYMNS-CHAPEL</p>	<p>15 10:30 PEOPLE'S PENTACOSTAL-CHAPEL *12:00 ORDER IN LUNCH- *2ND & 3RD FLOORS CHAPEL 2:15 BINGO RANGER LAKE D.R TWIN LAKES DINING RM HARMONY DINING RM 4:30 BALL TOSS MCCARROL LOUNGE 4:30 PENNY ANTI RANGER LOUNGE 4:30 IPAD FUN HARMONY LOUNGE 6:45 PUZZLES-TUNNEL ACT. 6:45 ADULT COLOURING RANGER ACTIVITY RM 6:45 INDOOR SPORTS- ECHO LOUNGE 6:45 PENNY ANTI HARMONY DINING RM</p>	<p>16 10:30 SPIRITUAL SERVICE WITH SAM CHAPEL *11:15 LUNCH OUTING *3RD & 4TH FLOORS 2:15 LARRY'S SONGS 4TH FLOOR DINING RMS 4:30 BALL TOSS TUNNEL LOUNGE 4:30 HAND MASSAGES GOULAIS LOUNGE 4:30 INDOOR SPORTS ECHO LOUNGE 4:30 "WORK IT" TRIVIA HARMONY LOUNGE 6:30 PIANO SING-A-LONG CHAPEL</p>	<p>17 ST. PATRICK'S DAY 10:30 ST. PATRICK'S CHOCOLATE COIN TOSS CHAPEL *10:45 LUNCH OUTING *1ST & 2ND FLOORS *TRAVELLING 1:1 (MONTESSORI) *2:15 3RD & 4TH FLOORS *2:45 1ST & 2ND FLOORS 4:30 BALL TOSS MCCARROL LOUNGE 4:30 TRAVELLING MONTESSORI-2ND FLR 4:30 TANGLE ART TWIN ACTIVITY ROOM 4:30 READING GROUP HARMONY ACTIVITY RM 6:45 ST. PATRICK'S BINGO TUNNEL D. RM GOULAIS DINING RM TWIN DINING RM HARMONY DINING RM</p>	<p>18 9:30 TRAVELLING TUCK CART *4TH FLOOR 10:30 ROSARY-CHAPEL 2:15 ST. PATRICKS' PUB SOCIAL 4TH FLOOR DINING RMS TUNNEL DINING RM 4:00 ESQUIRE OUTING 6:15 COFFEE SOCIAL COUNTRY KITCHEN</p> 	<p>19 10:00 LAUNDRY PGM TUNNEL ACTIVITY RM 10:00 TARGET TOSS TWIN LOUNGE 11:00 PENNY ANTI MCCARROL ACT. RM 11:00 FOLDING & SORTING HARMONY ACT. RM. 1:30 MOVIE-CHAPEL 1:30 TRAVELLING MAIL CALL 1:45 BIBLE STUDY GOULAIS ACT. RM. 2:30 BAKING COUNTRY KITCHEN 4:00 TRAVELLING MONTESSORI (2NDFLR) 4:00 YAHTZEE SUPERIOR ACTIVITY RM 4:30 MOVIE OUTING! 6:45 CROSSWORD GOULAIS DINING RM 6:45 MONTESSORI GROUP ECHO DINING ROOM</p>
<p>20 SPRING!!!!!! 10:30 CATHOLIC COMMUNION CHAPEL 1:00 GREYHOUND HOCKEY OUTING 6:45 BOARD GAMES & CARD GAMES MCCARROL ACTIVITY RM 6:45 TANGLE ART SUPERIOR DINING ROOM</p>	<p>21 10:30 MCCARROL BIRTHDAY PARTY MCCARROL DINING RM 11:00 SOUPER MONDAY *FOR 3RD&4TH FLOORS COUNTRY KITCHEN 2:15 LOOK GOOD, FEEL G. MCCARROL ACTIVITY RM TUNNEL ACTIVITY RM GOULAIS ACTIVITY RM ECHO ACTIVITY RM SUPERIOR ACTIVITY RM 3:00 ART CLASS-CHAPEL 4:00 TRAVELLING MONTESSORI 2ND,3RD,4TH FLOORS 4:00 BALL TOSS MCCARROL LOUNGE 6:45 CROSSWORD SUPERIOR ACTIVITY RM 6:45 YAHTZEE-ECHO ACT. 6:45-SHUFFLEBOARD CHAPEL</p>	<p>22 10:30 PEOPLE'S PENTACOSTAL-CHAP *12:00 ORDER IN LUNCH- *1ST & 4TH FLOORS CHAPEL 2:15 BINGO-RANGER D.R. TWIN LAKES DINING RM HARMONY DINING RM 4:15 LADIES COOKING GROUP COUNTRY KITCHEN 4:30 "WORK IT" TRIVIA ECHO LOUNGE 6:45 WII WHEEL OF FORTUNE MCCARROL 6:45 MAGAZINE SCAVENGER HUNT HARMONY ACTIVITY RM ECHO ACTIVITY RM 6:45 "WORK IT" TRIVIA RANGER LOUNGE</p>	<p>23 10:30 1:1 VISITS 1ST & 2ND FLOOR *11:15 BUSHPLANE MUSEUM OUTING *3RD & 4TH FLOORS 2:15 MEN'S BLOOPERS & BEER CHAPEL 4:30 BALL TOSS TUNNEL LOUNGE 4:30 VINYL MEMORIES GOULAIS LOUNGE 4:30 IPAD TRIVIA ECHO LOUNGE 4:30 FOLDING & SORTING HARMONY ACT. RM 6:45</p>	<p>24 10:30 TRAVELLING TUCK CART *3RD FLOOR *10:45 BUSHPLANE MUSEUM OUTING *1ST & 2ND FLOORS *TRAVELLING 1:1 (MONTESSORI, SNOEZELEN) *2:15 3RD & 4TH FLOORS *2:45 1ST & 2ND FLOORS 4:30 PARACHUTE GAMES MCCARROL LOUNGE 4:30 COFFEE & REMINISCING GOULAIS LOUNGE ECHO LOUNGE 4:30 BALL TOSS SUPERIOR LOUNGE 6:45 BINGO TUNNEL D. RM GOULAIS DINING RM TWIN DINING RM HARMONY DINING RM</p>	<p>25 GOOD FRIDAY 10:00 MONTESSORI ACTIVITIES ALL ACTIVITY ROOMS 11:00 COFFEE SOCIAL MCCARROL SUN RM RANGER LOUNGE ECHO LOUNGE SUPERIOR LOUNGE 2:15 AFTERNOON PUB SOCIAL TUNNEL DINING RM 4TH FLOOR DINING RMS</p> 	<p>26 10:00 1:1 PROGRAMMING TUNNEL DINING RM 10:00 BOARD GAMES & CARDS TWIN ACTIVITY ROOM 11:00 PENNY-ANTI RANGER ACT. RM. 11:00 HUMOUR GROUP HARMONY LOUNGE 1:30 TRAVELLING MAIL CALL 1:45 BIBLE STUDY GOULAIS ACT. RM. 2:15 TRAVELLING 1:1 PROGRAMMING 4:00 TRAVELLING MONTESSORI (2ND FLR) 4:00 VINYL MEMORIES HARMONY LOUNGE 6:45 WII GAMES MCCARROL LOUNGE 6:45 PICTONARY ECHO DINING ROOM</p>

MARCH 27th THROUGH 31st ACTIVITY CALENDAR

Sunday

Monday

Tuesday

Wednesday

Thursday

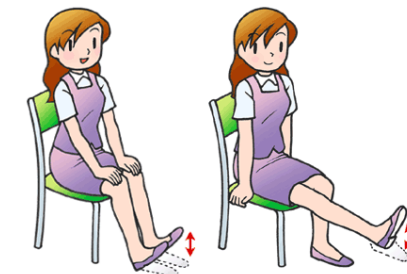
27 EASTER
10:00 EASTER BRUNCH
 CHAPEL.
1:30 WASHER TOSS
 SUPERIOR LOUNGE
1:30 BALL TOSS
 MCCARROL LOUNGE
2:30 EASTER EGG HUNT
 LOBBY/CHAPEL
6:45 YAHTZEE
 ECHO ACTIVITY ROOM
6:45 PENNY-ANTI
 RANGER ACTIVITY ROOM

28
10:30 4TH FLOOR BIRTHDAY PARTY
 SUPERIOR DINING RM
***11:00 SOUPER MONDAY**
***FOR 1ST & 2ND FLOORS**
 COUNTRY KITCHEN
2:15 LOOK GOOD, FEEL G.
 MCCARROL ACTIVITY RM
 TUNNEL ACTIVITY RM
 GOULAIS ACTIVITY RM
 ECHO ACTIVITY RM
 SUPERIOR ACTIVITY RM
4:30 BALL TOSS
 RANGER LOUNGE
4:30 TRAVELLING MONTESSORI
 TWIN & ECHO & TUNNEL
6:45 READING GROUP
 SUPERIOR ACTIVITY RM
 TWIN ACTIVITY ROOM
 RANGER ACTIVITY RM
 MCCARROL ACTIVITY RM

29
10:30 PEOPLE'S PENTACOSTAL-CHAP
***12:00 ORDER IN LUNCH-**
***2ND & 3RD FLOORS**
2:15 BINGO-RANGER D.R.
 TWIN LAKES DINING RM
 HARMONY DINING RM
3:30 ART CLASS-CHAPEL
4:15 MENS COOKING GROUP
 COUNTRY KITCHEN
6:45 WII WHEEL OF FORTUNE
 MCCARROL
6:45 MAGAZINE SCAVENGER HUNT
 HARMONY ACTIVITY RM
 ECHO ACTIVITY RM
6:45 "WORK IT" TRIVIA
 RANGER LOUNGE

30
10:30 BAPTIST SERVICE CHAPEL
***11:15 STATION MALL OUTING**
***3RD & 4TH FLOORS**
2:15 SR. ENTERTAINERS
 4TH FLOOR D.R.
4:30 BALL TOSS
 TUNNEL LOUNGE
4:30 VINYL MEMORIES
 GOULAIS LOUNGE
4:30 IPAD TRIVIA
 ECHO LOUNGE
4:30 FOLDING & SORTING
 HARMONY ACT. RM
6:45 MUSIC WITH WAYNE
 4TH FLOOR DINING RMS

31
10:30 RESIDENT COUNCIL MTG—CHAPEL
***10:45 STATION MALL OUTING**
***1ST & 2ND FLOORS**
***TRAVELLING 1:1 (MONTESSORI, SNOEZELEN)**
***2:15 3RD & 4TH FLOORS**
***2:45 1ST & 2ND FLOORS**
4:30 PARACHUTE GAMES
 MCCARROL LOUNGE
4:30 COFFEE & REMINISCING
 GOULAIS LOUNGE
 ECHO LOUNGE
4:30 BALL TOSS
 SUPERIOR LOUNGE
6:45 BINGO
 TUNNEL D. RM
 GOULAIS DINING RM
 TWIN DINING RM
 HARMONY DINING RM



THE PHYSIOTHERAPY DEPARTMENT
 LEADS GROUP EXERCISE CLASSES
 THROUGHOUT THE WEEK.

THE SCHEDULE IS AS FOLLOWS:

WC=WALKING CLASS

LICC=LOW IMPACT CONDITIONING

MONDAYS	8:15 AM	WC 4100
	8:15 AM	WC 4200
	4:00 PM	LICC 3100
	4:00 PM	LICC 3200
TUESDAYS	8:15 AM	WC 2100
	8:15 AM	WC 2200
	3:30 PM	WC 3100
	3:30 PM	WC 1200
	4:00 PM	LICC 1100
WEDNESDAYS	8:15 AM	WC 4100
	8:15 AM	WC 4200
	4:00 PM	WC 2100
	4:00 PM	LICC 2200

THURSDAYS	8:15 AM	WC 2100
	8:15 AM	WC 2200
	3:30 PM	WC 1100
	3:30 PM	WC 4200
FRIDAYS	4:00 PM	LICC 3100
	4:00 PM	LICC 3200
	11:30 AM	WC 2100
	11:30 AM	WC 1200
	3:30 PM	WC 3100
	3:30 PM	WC 3200
	4:00 PM	LICC 4100
	4:00 PM	LICC 4200